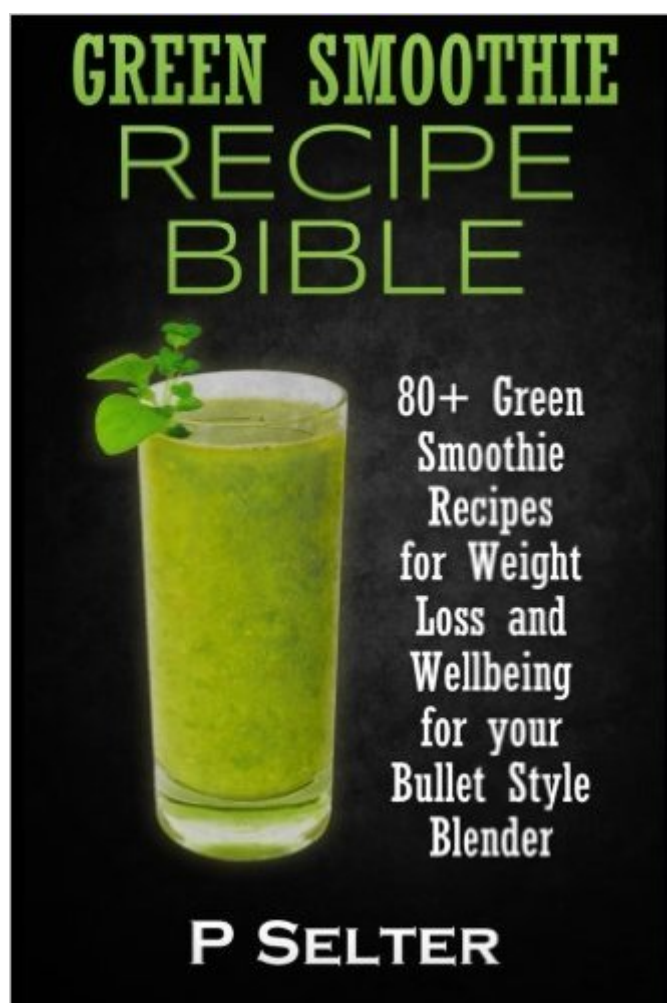


The book was found

Green Smoothie Recipe Bible: 80+ Green Smoothie Recipes For Weight Loss And Wellbeing For Your Bullet Style Blender



Synopsis

Let me ask you a few quick questionsâ | Do you find yourself lacking time to prepare healthy meals? Do you want to feel energized, happy and healthy every day? Do you want a plethora of delicious recipes at your fingertips? If you answered yes to any of the above then the Green Smoothie Recipe Bible is a must read. Here is A Preview Of What The Green Smoothie Recipe Bible Contains: The benefits of green smoothies My tips when it comes to making the most delicious smoothies & juices Over 80 recipes to make healthy, convenient and tasty smoothies today!

Book Information

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (25 customer reviews)

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Customer Reviews

I recently purchased a NutriBullet and I've been looking for recipes to try with it. Luckily I found this book. It has so many recipes to choose from that I feel like I'll never run out. Also, if you're new to juicing make sure to read the helpful tips at the end. Thanks for making this book... and just at the right time for me.

More and more of these green smoothie books show up, but I find this one poorly edited, not intuitively laid out. I think, in the end, that green leaves and any combination you like of fruit and most vegetables (to taste) is the answer. I glanced through this, but don't believe I'll pay much attention to it. Too many similar recipes, and too many asking for specific items that start making the whole process of dieting and becoming healthier too expensive to pursue.

Finally I can eat healthily without it feeling like a chore! You can easily get your five fruit and veg for

the day in one smoothie and the ones I've tried have been delicious and the ingredients all work really well together; particularly the heavenly chocolate smoothie (which is healthy, I promise!) The benefits of each smoothie and its ingredients are explained and the instructions for making it are incredibly easy to follow. Each smoothie took very little time to make and was very easy to do. The book is also split so that you can make the smoothie appropriate for your needs whether it be detoxing, losing weight or getting clearer skin. If you're like me and want to be healthier but equally don't want to lose out on taste or time, you will love this book!

This book acts as a gem collection of delicious smoothies & juice recipes where you can set your fruit and vegetables in blender for making super hot and healthy juices. Nicely explained most of the tips and tricks that might be more helpful to make green smoothies. Awesome 80 recipes to make healthy, convenient and physical fitness!

I thought I was buying a book of recipes for the Nutri Ninja not the NutriBullet. But I'm going to try the recipes in my Nutri Ninja. I also would have liked a list of groceries at the beginning of the book to let me know all what I need instead of having to go through the recipes to get the ingredients. But it was only \$2.99 so I haven't lost much.

Absolutely awesome, this book got so many good recipes with cool names. Making smoothies and juices each day is a remedy by itself. You will figure that out when you'll read the benefits of the smoothies in this book. (Yeah for Real!) The idea of putting the Buffs from the Drinks is brilliant!

I bought this book because I had trouble finding recipes for my NutriBullet. This book definitely helped. Now I have quite a large list of recipes that are all located in one spot. Rather than searching all over the internet trying to put together my list of recipes I can just crack open this book and there ya go. I recommend you get this book because it's packed with tasty recipes.

I loved this book, it provides you a lot of different smoothie recipes. I especially loved Mood boosting green juice it's so delicious and gives you great boost in energy. I would recommend this book to anyone who wants to make healthy and delicious smoothies!

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The Smoothie Maker Recipe Book: Delicious Superfood Smoothies for

Weight Loss, Good Health and Energy - Works with Any Personal Blender or Smoothie Maker Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri ... Ninja Kitchen System Cookbooks) (Volume 1) Blender Recipe Cookbook: Healthy Smoothie, Soup and Dessert Recipes for your High Speed Blender Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) Complete Vitamix Blender Cookbook:: Over 350 All-Natural Recipes For Total Health Rejuvenation, Weight Loss, Detox, Superfood Smoothies, Spice Blends, ... More (Vitamix Blender Recipes) (Volume 1) Weight Watchers Smoothies: 77 Weight Watchers Low Calorie Smoothie Recipes: (Weight Watchers Simple Start ,Weight Watchers for Beginners, Simple Start ... Simple Diet Plan With No Calorie Counting) Ninja Blender Recipe Bible: 50+ Delicious Recipes for your High Powered Blender Weight Watchers: 23 Healthy Snacks To Lose Weight Fast: (Weight Watchers Simple Start ,Weight Watchers for Beginners, Simple Start Recipes) (Weight ... Simple Diet Plan With No Calorie Counting) Juicing for Weight Loss: Unlock the Power of Juicing to Lose Massive Weight, Stimulate Healing, and Feel Amazing in Your Body (Juicing, Weight Loss, Alkaline Diet, Anti-Inflammatory Diet) (Volume 1) Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More! Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy a Juicing To Lose Weight: Fat Burning Juices & Weight Loss Blender Recipes Juice: Juicing Vegetables, Juicing Fruits, Juicing Alkaline, Juicing Raw & Juicing Paleo Nutribullet Recipe Book: The New Nutribullet Recipe Book with Fat Burning Smoothies for Weight Loss, Energy and Good Health - Works with Nutribullet and Other Personal Blenders (Volume 1) Weight Watchers Diet Box Set: (3 in 1) Weight Watchers Freezer Meals, Weight Watchers Pressure Cooker & Weight Watchers Dutch Oven Recipes Wheat Belly Diet For Beginners: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet) (Volume 1) Green Smoothies: 40 Best Green Smoothie Recipes to Lose Weight and Detox Your Body Gourmet Vitamix Blender Soup Recipes: Get The Most Out Of Your Vitamix Blender With These Amazing, Delicious, Quick and Easy Recipes